

# Iron chews™

## One a day formula

### May support healthy:

- Iron levels
- Energy levels
- Red blood cells

### Support for:

- Fatigue
- Intense physical activity
- Menstruating years
- Pregnancy
- Childhood and adolescence
- Vegetarians

30 Tablets  
**Dietary supplement**

AUSSL 154299



**Ailment specific**

# Iron chews™

Dietary iron deficiency is one of the most common nutrient deficiencies in the world. **Iron chews™** is a great tasting tropical flavoured chewable tablet providing 20mg of iron per tablet to support the management of dietary iron deficiency.

This specifically designed formulation supports healthy iron levels in red blood cells, which plays an integral role in the production of energy in the body. **Iron chews™** utilises key co-factors, vitamin C, B12 and folic acid, necessary to support optimal iron absorption and healthy blood.

**Iron chews™** are suitable for everyone concerned about dietary iron intake and supplementation. It may be beneficial for children, pregnant and/or breastfeeding women, adolescents, active people and vegetarians.



## Ingredients: (per tablet)

### Minerals:

Ferrous fumarate (equiv. Iron 20mg)	61mg
Ascorbic acid (Vitamin C)	50mg
Cyanocobalamin (Vitamin B12)	50mcg
Folic acid	300mcg

**Directions:** Adults and children over 3 years of age: 1 tablet daily or as professionally advised.

The information and product contained in this flyer do not imply a diagnosis or cure for any disease or condition. Vitamins are supplementary to a balanced diet. Always read the label and use only as directed. If symptoms persist consult your healthcare professional.



## Good Health Products Ltd

265 Albany Highway, Albany, Auckland,  
0632 New Zealand

[www.goodhealth.co.nz](http://www.goodhealth.co.nz)

79 Chetwynd Street, Loganholme,  
Qld 4129 Australia

[www.goodhealth-australia.com](http://www.goodhealth-australia.com)