

# Flaxoslim™

## Fibre with HCA

### Providing:

- Delicious orange flavoured fibre
- New Zealand grown ground flax seed
- Pectin rich apple fibre
- HCA for weight management support

### Support:

- Weight management
- Fullness and satiety
- Healthy digestion and elimination
- Management of cravings
- Management of healthy cholesterol levels
- Optimal blood sugar balance

300g Net. Powder  
**Dietary supplement**



**Weight management**

# Flaxoslim™

**Flaxoslim™** is a blend of fibre rich New Zealand grown ground flax seed, apple pectin and HCA to support weight management goals. This combination of ingredients supports fullness and satiety to help manage cravings, supports blood sugar balance and healthy cholesterol levels.

**Flaxoslim™** also supports healthy digestion, bowel flora and bowel regularity. It contains vitamin C and is naturally flavoured with orange juice powder and the natural sweetener Stevia.



## Ingredients: (per 5g serve)

|   |        |
|---|--------|
| <i>Linum usitatissimum</i> Fibre (Flaxseed) | 2800mg |
| Apple fibre                                 | 1200mg |
| Hydroxycitrate Complex (Equiv HCA 100mg)    | 200mg  |
| Ascorbic Acid (Vitamin C)                   | 72.5mg |

## Other ingredients:

Orange juice powder, Natural orange flavour, Stevia

**Directions:** Adults: Mix 1 heaped teaspoonful (5g) into a glass of water or juice up to two times daily. Drink immediately before the fibre settles. This product may also be added to smoothies, such as Good Health Wheyless™ protein powder. This natural product may vary from batch to batch.

**Precautions:** Do not swallow in dry form, always mix with liquid. Ensure adequate fluid intake when taking fibre supplements – 1 to 2 litres per day is recommended. Some changes in bowel habits may occur due to increased fibre intake. If any unusual changes occur, including abdominal pain or extended constipation, seek professional advice. Lowered absorption of medicines may occur when taking concentrated fibre; therefore it is recommended that **Flaxoslim™** should be taken one hour after medication.

The information and products contained in this flyer do not imply a diagnosis or cure for any disease or condition. Use in conjunction with a healthy diet and exercise program. Always read the label and use only as directed. If symptoms persist consult your healthcare professional.



## Good Health Products Ltd

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