

Men's care™

Multi vitamin & mineral

Providing:

- Essential daily nutrients
- High dose Vitamin D, Selenium & Zinc
- Antioxidant protection
- 1-a-day tablet
- Easy swallow coating

Support for:

- Daily health & wellbeing
- Nervous system function
- Healthy energy levels
- Optimal cardiovascular health
- Prostate health

30 & 60 Tablets
Dietary supplement



Men's health

Men's care™

Men's care™ is a comprehensive, high potency formula providing essential nutrients for daily health and wellbeing. **Men's care™** provides B complex vitamins to support the nervous system and healthy energy levels; Selenium and Zinc to support prostate health. Antioxidant protection is provided by the inclusion of Betacarotene, Vitamins C & E, Selenium and Zinc to protect against free radical damage. **Men's care™** also provides support for optimal cardiovascular and immune system health.



Ingredients: (per tablet)

Vitamins:

Betacarotene	1.5mg
Thiamine Hydrochloride (Vitamin B1)	25mg
Riboflavin (Vitamin B2)	25mg
Nicotinamide (Vitamin B3)	125mg
Calcium Pantothenate (Equiv. Pantothenic Acid 100mg) (Equiv. Calcium 9mg)	109mg
Pyridoxine Hydrochloride (Vitamin B6)	50mg
Biotin	30mcg
Folic Acid	300mcg
Cyanocobalamin (Vitamin B12)	50mcg
Ascorbic Acid	100mg
Cholecalciferol (Equiv. Vitamin D3 800IU)	20mcg
d- α -Tocopheryl Acid Succinate (Equiv. Vitamin E 50IU)	41mg
Hesperidin	25mg

Minerals:

Magnesium Oxide (Equiv. Magnesium 60mg)	104mg
Zinc Gluconate (Equiv. Zinc 15mg)	115mg
Selenomethionine (Equiv. Selenium 150mcg)	373mcg
Chromium Picolinate (Equiv. Chromium 12mcg)	97mcg
Potassium Phosphate (Equiv. Potassium 6mg)	21mg
Copper Gluconate (Equiv. Copper 2mg)	14mg
Manganese Amino Acid Chelate (Equiv. Manganese 300mcg)	3mg

Directions: Take 1 tablet daily with food.

The information and products contained in this flyer do not imply a diagnosis or cure for any disease or condition. Always read the label and use only as directed. If symptoms persist consult your healthcare professional.



Good Health Products

265 Albany Highway, Albany, Auckland.

www.goodhealth.co.nz

Naturopathic advice line 0800 44 66 34